

In Memory of Young Kang Lai 賴永康 同學

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### In Memory of Young Kang Lai ( at Rose Hills Memorial Park & Mortuaries)

Dr. Young Kang Lai passed away on Feb 5, 2015, peacefully in his sleep. He was 73 at the time. Born in Tong Xiao, Taiwan on November 27, 1941, to a humble farmer, he was the youngest of six children.

Young Kang attended the Taipei Medical University in 1961 and received his MD in 1967. In 1968, he attended the Cook County Hospital in Chicago, IL, for his medical internship, and from 1969 to 1973 completed the remainder of his residency at Albert Einstein College of Medicine in Bronx, New York. While there, for one year he served as the chief resident at a local hospital.

Dr. Lai married Mei Yu Lu in New York on October 21, 1972, and then moved to California in 1974. They were married for 42 years. He worked as an OB/GYN in Lancaster, CA, from 1974 to 2009 in private practice. In that time, he delivered over 10,000 babies and pioneered laparoscopy for the region, logging countless hours at the Antelope Valley Hospital.

Dr. Lai helped people his entire life, whether it was family, friends, or simply those in need. Being a healer truly was his calling. He also enjoyed gardening and was dedicated to advocating an independent Taiwan. In his latter years, he enjoyed traveling around the world with his wife to destinations such as Sedona, Alaska, New Zealand, Australia, Taiwan, Russia, Turkey, Greece, France, England, Germany, and Italy, among numerous others.

First and foremost of all the things he loved, though, was the love he held for his family. Everything he did throughout his life was for his family first, and he never forgot where he came from. Despite his many accomplishments, he never lost touch with his roots. Dr. Lai was ever the son of a humble Taiwanese farmer.

Dr. Lai is survived by his wife, Mei Yu Lai; his three children, Elbert, Elson, and Edgar and his wife Patti; his grandchildren Michael, Ethan, and Emery; his nieces and nephews; and the rest of his family and friends.

Arrangements are under the direction of Rose Hills Mortuary in Whittier, CA.

## In Memory of Young Kang Lai 賴永康 同學

**Email from Yao-Shi Fu:**

DEAR BILL, TRUST YOU HAVE HAD AN ENJOYABLE TRIP IN TAIWAN AND RETURNED HOME SAFELY.

I HAVE COLLECTED SEVERAL ARTICLES IN MEMORIAM OF DR. LAI, A FEW ITEMS ALREADY FORWARDED TO YOU BY EMAIL, INCLUDING OBITUARY FROM SON AND OUR FRIEND PENG YING-I. JUST FOR THE SAKE OF COMPLETENESS, I WILL MAIL ALL ITEMS I HAVE TO YOUR HOUSE. WHATEVER YOU CAN DO WILL BE DEEPLY APPRECIATED BY DR. LAI'S FAMILY, FRIENDS AND ALUMNI. HOPE OUR FRIENDS WILL FORGIVE ME FOR WRITING THE EULOGY IN ENGLISH, I HAVE NOT LEARNED TO TYPE IN CHINESE CHARACTER.

MANY THANKS AND BEST REGARDS, YS

**EULOGY FOR DR. YOUNG KANG LAI BY YAO-SHI FU AT ROSE HILLS MEMORIAL PARK,  
FEBRUARY 14, 2015**

FAMILY OF DR. YOUNG KANG LAI, MEI-YU, ELBERT, ELSON, EDGAR, OUR COMMUNITY LEADERS, FRIENDS AND GUESTS,

WE ARE HERE TODAY TO REMEMBER DR. YOUNG KANG LAI'S CONTRIBUTIONS, ACCOMPLISHMENTS, HIS LOVE, HIS BELIEF AND OUR FOND MEMORIES OF DR. LAI. SADLY, WE ALSO HAVE TO SAY GOOD-BYE TO HIM.

I AM HONORED TO BE ONE OF DR. LAI'S ALUMNI OF HSINCHU HIGH SCHOOL AND TAIPEI MEDICAL UNIV. ON BEHALF OF BOTH ALUMNI ASSOCIATIONS, WE WOULD LIKE TO EXPRESS OUR DEEPEST CONDOLENCES TO DR. LAI'S FAMILY. HSINCHU HIGH SCHOOL HAS ATTRACTED SOME OF BEST STUDENTS, NOT ONLY FROM HSINCHU, BUT ALSO FROM TAO-YUAN AND MIAOLI. DR. LAI COMMUTED EARLY IN THE MORNING FROM TONG-XIAO, MIAOLI, BY SLOW TRAIN, SPENDING AT LEAST 2 HOURS EACH WAY, THEN WALKED 30 MINUTES UPHILL FROM THE RAILWAY STATION TO THE SCHOOL. BECAUSE OF LONG COMMUTE, DR. LAI STARTED TO STAY AT DORMITORY IN HIS FRESHMAN YEAR IN HIGH SCHOOL. CONSEQUENTLY, DR. LAI DEVELOPED A PERSONALITY OF PERSEVERANCE AND ENDURANCE AT AN EARLY AGE.

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DURING THE HIGH SCHOOL YEARS, DR. LAI HAD A VISION TO BECOMA A DOCTOR, THIS WAS REALIZED IN 1961, WHEN HE ENTERED THE TAIPEI MEDICAL COLLEGE, NOW TAIPEI MEDICAL UNIVERSITY, WHERE. DR. LAI GRADUATED WITH HONOR IN 1967. AFTER SERVICING THE REQUIRED MILITARY SERVICE, DR. LAI IN 1968 WAS ACCEPTED AS A MEDICAL INTERN AT COOK COUNTY HOSPITAL, A BUSY 2,000 BEDS HOSPITAL, SERVING MOSTLY LOW INCOME PATIENTS. IT WAS ONE OF THE TEACHING HOSPITALS FOR THREE MAJOR MEDICAL.SCHOOLS IN CHICAGO. DR. LAI OVERCAME ALL THE DIFFICULTIES FACED BY A NEWLY ARRIVED FOREIGN DOCTOR, ESPECIALLY THE COLD WEATHER IN CHICAGO, LONG 24-48 HOUR SHIFT, LANGUAGE AND COMMUNICATION CHALLENGES, BLAND HOSPITAL FOODS AND HOMESICK.

THE FOLLOWING YEAR, 1969, DR. LAI STARTED HIS 4-YEAR OF OB/GYN RESIDENCY AT THE ALBERT EINSTEIN COLLEGE OF MEDICINE AND ITS TEACHING HOSPITAL, BRONX MUNICIPAL HOSPITAL, A 1,000-BED HOSPITAL. ABOUT THE SAME TIME, LU MEI-YU, A GRADUATE OF TMU SCHOOL OF PHARMACY AND HIS FUTURE WIFE, ALSO STARTED HER MASTER'S DEGREE AT THE COLUMBIA UNIV. SCHOOL OF PHARMA-CEUTICAL SCIENCES. IT SHOULD BE MENTIONED THAT IT WAS A MAJOR ACCOMPLISHMENT FOR A FOREING MEDICAL GRADUATE TO BE ACCEPTED IN A HOT SPECIALTY LIKE OBS/GYN AND SURGERY IN A MAJOR TEACHING HOSPITAL.

AT EINSTEIN, DR. LAI RECEIVED THE MOST ADVANCED, BEST TRAINING IN THE COUNTRY. IT IS NO WONDER THAT WHEN DR. LAI STARTED OB/GYN PRACTACE IN LANCASTER, ANTELOVE VALLEY HOSPITAL, 80 MILES NORTH OF LOS ANGELES, HE WAS QUICKLY RECOGNIZED AS THE BEST OB/ GYN WITH THE EXCELLENT SKILLS, GREAT COMPASSION, AND HIGHEST MEDICAL ETHICS. HE WAS HIGHLY RESPECTED BY HIS COLLEAGUES AND LOVED BY SEVERAL GENERATIONS OF PATIENTS. DURING HIS 35 YEARS, DR. LAI DELIVERED MORE THAN 10,000 BABIES, ABOUT 300 BABIES PER YEAR, NOT TO MENTION COUNTLESS MAJOR SURGERIES HE HAD PERFORMED. IT WAS TIME TO RETIRE IN 2009 TO SPEND MORE TIME WITH MEI-YU AND CHILDREN.

DR. LAI LOVED HIS HOMETLAND, TAIWAN, AND HER PEOPLE. HE WAS A STRONG BELIEVER, SUPPORTER AND ACTIVIST IN TAIWANESE SELF-DETERMINATION, INDEPENDENCE AND OPTIMAL OUTCOME BY SUPPORTING TAIWANESE COMMUNITIES IN CALIFORNIA AND

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THROUGHOUT THE U.S. BY DONATING MONEY AND PERSONALLY CAMPAIGNED FOR ELECTIONS IN TAIWAN,

DR. LAI AND MEI YU HAD A WONDERFUL, LOVING MARRIAGE AND FAMILY OVER 40 YEARS, RAISING 3 SONS, EACH IS PROMINENT AND SUCCESSFUL IN THEIR PROFESSION AND THEY LOVE THEIR PARENTS.

IN SPITE OF DR. LAI'S GREAT SUCCESS IN MEDICINE, HE WAS A HUMBLE, GENEROUS, KIND, SINCERE AND CARING MAN. HE LOVED HIS FAMILY, HIS PROFESSION AND HOMELAND. WE ALL SHARE HIS DREAM THAT IN ONE DAY WE WILL SEE A FAIR, OPEN, TRANSPARENT AND PEACEFUL TAIWAN. DR. LAI, PLEASE REST IN THE HEAVEN ENJOYING THE ETERNAL PEACE AND JOY, JUST LIKE YOUR NAME, IT IS TIME FOR US TO SAY GOOD BYE TO OUR DEAR FRIEND DR. LAI, BUT, BUT WE WILL MEET WITH HIM AGAIN IN THE FUTURE. THANK YOU ALL FOR COMING

PS: FOR YOUR INFORMATION, A BRIEF SUMMARY OF DR. LAI'S ILLNESS IS ENCLOSED.

DR. LAI RETIRED IN JULY 2009, 6 MONTHS LATER HE HAD A LUNG RESECTION FOR AN EARLY LUNG CANCER. HE ENJOYED HEALTHY, NORMAL LIFE FOR 4.5 YEARS AFTER THE SURGERY. ABOUT 9 MONTHS BEFORE HIS PASSING, THE CANCER CELLS HAD SPREAD TO HIS BRAIN. IN SPITE OF ALL THE BEST MEDICAL CARE, DR. LAI PASSED AWAY IN PEACE SURROUNDED BY HIS WIFE AND 3 SONS, ON FEBRUARY 5, 2015..

In Memory of Young Kang Lai 賴永康 同學

悼 台北醫學大學  
婦產科賴永康醫師

永享安息

走過腳蹤何等佳美，  
美好腳蹤後輩跟從。  
永誌不忘留芳人間，  
息了勞苦果效存！

卍

台北醫學大學校友與友好：

傅堯喜、徐幸枝、劉明鈞、張明美、李常吉  
林正德、賴雅美、陳惠亭、蕭幸鳴、陳正憲  
徐明介、羅博明、蔡慶三、林嘉男、周宜男  
蔡弘、黃重德、賴南二、王隆豐、李當座  
蔡啟東、陳博彰、張健二、賴泰民、李昭榮  
張光雄、黃富美、李宗久、羅孔雄、陳文哲  
梁友吉、許盛男、鍾肯容、陳伯源、沈邦琪  
吳敏雄、劉衡典、葉初惠、陳秋濤、韓成 同敬悼

In Memory of Young Kang Lai 賴永康 同學

卍

悼 台北醫學大學醫科第二屆  
賴永康 校友

長憶北醫金蘭情  
難忘杏林桂蘭香

Memorial Service 告別式

Feb. 14, 2015(Saturday)

9:00 am -10:15 pm (Funeral)\*

10:30 am -11:00 pm (Burial)

11:00 am -12:30 pm (reception at Garden View)

3888 Workman Mill Rd. Whittier, Ca90601

\*SkyRose Chapel, Rose Hills.

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北美台北醫學大學南加州校友會

會長：陳筱芬

副會長：黃啟新

財務：王美民

理事：桂懷瑞、柯勳廷、賴嘉基

楊秀琴、陳筱華、林瑞光 敬悼

## 敬悼戰友 賴永康醫師

自從您身體欠安以來，我們所有朋友都非常著急，並時常祈求神明保佑。

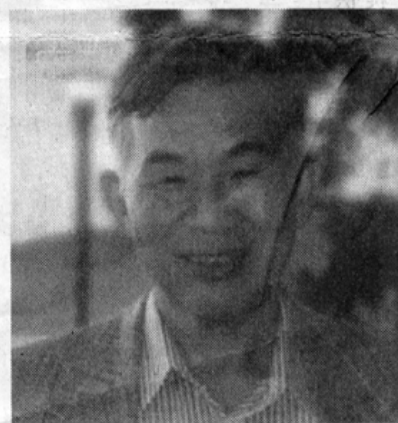
今永康兄已歸天安息，使我們深感痛惜，並永恆懷念。兄對故鄉台灣的關心，我們會再接再厲，請您勿掛心，一路平安好走。



台灣建國促進會  
洛杉磯救扁聯盟 同敬悼

## 永遠懷念 賴永康醫師

新竹中學畢業，北醫高材生，在洛杉磯北郊蘭卡斯特執業婦產科三十餘年，一生關心台灣，為台灣主權獨立與建國，堅持信念，默默地出錢出力。經常參與總共舉行 138 次的洛杉磯救扁聯盟在台北經文處前的示威行列。奈何最終因肺癌而辭世。夫人呂美玉北醫藥學系，一路扶持，育有傑出的三位公子。他略帶微笑，為台灣前途奮鬥的音容、行動與志氣，令人敬仰，永遠懷念。（竹泥）



## In Memory of Young Kang Lai 賴永康 同學

堯喜兄：好久不見了，自從你和大嫂從北醫畢業至今，恭喜你們的成就。

上次我曾簡短寫了追思我們懷念的賴永康醫師一文，年政兄幫我附加了相關相片，盡早寄上，也傳給我們熱心的 Bill。這次偉宗兄由台灣，很盡興，快樂，我都在 FB 一覽無遺，過了年又匆匆回返落城。。

永康是在 1957 年高中才進入竹中，一直都住學校宿舍，當初海線來的而且住校的有：賴明忠（初，高中），賴永康，黃良禮，甘松山（已往生），林米村，何維明....。

2014/11/29 選舉後何堯軒，許增源，羅春宏，與我去拜訪湯廷池老師，湯老師尤其懷念通霄來的幾位同學。

2012 年總統大選永康回台時特別問我一件往事，他說 1959 年高二下學期開學那一天，

他見到我的父母從校長室走出來，問我是不是因為我年少輕狂，出了甚麼大事違反校規，他記性真好，真的是我的好朋友，我一五一十向他報告，他笑了，辛校長差一點就要冤枉一個好學生，....這事情湯老師也還記得，而且他真的很愛護學生，....簡單敘述到此

敬祝 健康快樂

彭英毅 謹上 2015/2/24

## In Memory of Young Kang Lai 賴永康 同學

1954-60 年這六年的竹中生活，是我學生時期在同所學校最長久的時光，從不到 12 歲到幾近 18 歲的青春期，這裡擁有我永生難忘的記憶，人，地，是，物，景。

從星期日住學寮(宿舍)吃晚飯起，一周的上下課，與住宿同學一起起居，早點名，晚自修，晚點名，直至星期六中午下課，吃過午飯，與高一班的大哥武昭，同級堂哥年政，一起搭火車，新竹客運，回楊梅老飯店>>宿舍中我們這一級來自通霄的有賴明忠，高中又來了黃良禮(來自台中一中)，甘松山(師大附中實驗班)，還有賴永康。

我高中畢業，虛度三年(東海物理系讀完相對論，人文學科，哲學，宗教，.....)，1963 到北醫，與永康再度再度一起(不同系)，二年級我當上北醫竹中竹女校友會長.....

永康，多棒的名字，北醫醫學系畢業，執業醫師，2011/5/2，是我第一次畢業後見面，夫人還是我的藥劑學的老師(助教)，我們(還有年政兄，是他約見的)在臺北車站的餐廳用餐(台灣小吃)，之後在二二八和平公園，我們留下合照，台灣和平民主的象徵；2012 總統大選，年政還是約了我們四人，餐聚，之後，永康兄說要到蔡英文競選總部，那一帶我最熟習的生活環境，他還接受訪問，說出心中對台灣民主的期許，在那兒我還見到初中同學梁正吉的大名，向服務處要了政吉電話(晚上我和他聊天)。。這次的會面永康告訴我他生病了，也切除肺葉，我和他的最後一面。。

直到莊添裕在電郵寫出永康兄往生的訊息，我賴給(line)年政年政告訴我"賴永康是個有福氣的人，可以在睡夢中離世"，告別式在美國時間 2015/2/14 上午 9:00。

真的，大家都要珍惜自己的健康，生活，平時聊聊，敘說真情感言，一切都是美好的，培坤說得好，台北翻轉，柯 P 給台灣新的氣象，我們期待馬哲保建議的 2020 年的大團聚。。此文是我對賴永康兄的追思，在天之靈，一定見到台灣民主之路更邁進。。

祝福大家

彭英毅 謹上 2015/2/17 小年夜

## In Memory of Young Kang Lai 賴永康 同學

### 彭英毅對賴永康兄的追思

親愛的竹中 1960 年班同學們：

1954-60 年這六年的竹中生活，是我學生時期在同所學校最長久的時光，從不到 12 歲到幾近 18 歲的青春期，這裡擁有我永生難忘的記憶，人，地，是，物，景。

從星期日住學寮(宿舍)吃晚飯起，一周的上下課，與住宿同學一起起居，早點名，晚自修，晚點名，直至星期六中午下課，吃過午飯，與高一班的大哥武昭，同級堂哥年政，一起搭火車，新竹客運，回楊梅老飯店>>

宿舍中好友 (如右附圖)，我們這一級有來自通霄的有賴明忠，高中又來了黃良禮 (來自台中一中)，甘松山 (師大附中實驗班)，還有賴永康。

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(如下附圖)



## In Memory of Young Kang Lai 賴永康 同學



之後 2011/5/2 在二二八和平公園，賴永康夫婦留下合照，台灣和平民主的象徵 (如下兩附圖)；



## In Memory of Young Kang Lai 賴永康 同學



2012 總統大選，年政還是約了我們四人，餐聚，之後，賴永康兄說要到蔡英文板橋競選總部，那一帶(板橋)我最熟習的生活環境，他還接受訪問，說出心中對台灣民主的期許，在那兒我還見到初中同學梁政吉的大名，向服務處要了政吉兄電話(晚上我和他聊天)。(如下兩附圖)



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此文是我對賴永康兄的追思，願他在天之靈，一定見到台灣民主之路更邁進。

祝福大家

彭英毅 謹上 2015/2/17 小年夜

**賴永康的生平事略：**

參看 新竹中學第十三屆畢業生五十週年同學會紀念冊 -Part 07- Class 己 Section 己班部份 (Page 63 ~ 66)

## In Memory of Young Kang Lai 賴永康 同學

### 懷念 賴永康同學

By TY Chuang 莊添裕

在公元二〇一一年十月下旬，我到洛杉磯地區去會見我竹中公元一九六零年次校友、臺大土木公元一九六四年次的校友以及加州大學柏克萊分校的應用 力學組的組友，在我的餘生裏我都會記住這一週，因為我遇到了這麼多久違 的朋友和同學。於公元二〇一一年十月廿一日，星期五，我在加利福尼亞州（加州）羅蘭崗會見了賴永康（見附件），他看起來像似很開心和健康。

在公元二〇一五年二月九日，星期一，傅堯喜電郵李偉宗：

「親愛的比爾/偉宗，祈禱你和你的家人都很好。

如果你能公佈賴永康醫生逝世的消息，我將會不勝感激。他是在竹中第六班（己班。）賴醫生是一個偉大的，成功的婦產科醫生，也是一位偉大台北醫學大學的朋友和校友。非常感謝！

傅堯喜」

在我竹中讀書的六年裏（公元一九五四年至一九六〇年，）我從來沒有與賴（永康）醫生在同一班，所以我真的不知道很多關於他的事。我們是在公元二〇一一年十月廿一日的餐聚會裏第一次正式見面，我對他的印象是：他很和氣。餐聚會裏有那麼多久違的同學，所以我們沒有太多交流。我很遺憾錯過這個機會來更好地了解他。現在我所能做的，就是希望他的家人能走出失去他的陰霾和向前走，就像中國人所說的「節哀自重。」我想用這篇文章送給他家人我的衷心的慰問。本文將被收集在「懷念竹中校友及辛校長」的第二版，這本書第一版於公元二〇一四年五月在加州奧克蘭出版，在公元二〇一四年十二月，其第一版第二刷於台灣高雄出版。第二版可能在公元二〇一五年十二月出版。

In the last third of October 2011, I went to Los Angeles area to meet my Chu Chung class of 1960 alumnus, NTU CE Class of 1964 classmates and those alumni in Cal Berkeley Applied Mechanics Division. It was one week which I will remember for the rest of life, because I had met so many long lost friends and classmates. On October 21, 2011, Friday, Yaung-Kong Lai and I met in Rowland Heights, California (see attached.) My impression on him: he is very friendly. He looked like very happy and healthy.

On February 9, 2015, Monday, Y.S. Fu e-mailed Bill Lee:

## In Memory of Young Kang Lai 賴永康 同學

“Dear Bill, pray that you and your family are doing well. I would be most grateful, if you could announce the passing away of Dr. Yaung-Kang Lai, who was in Chu Chung Sixth Class (Jie Baan). Dr. Lai was a great, successful obgyn, also a great friend and alumni of Taipei Medical University. Many thanks!

Y.S. Fu”

I had never been in the same class with Dr. Lai during my tenure at Chu Chung (1954 to 1960,) so I don't really know him. In our party on October 21, 2011(see attached,) it was the first time we formally met. There were so many long lost classmates in the party, so we did not communicate much. I am very sorry to miss that chance to know him better. All I could do right now is to wish his family could get out the haze of losing him quickly and moves forward, just like 「節哀自重」 in Chinese. I would like to use this article to send his family my sincere condolence. This article will be collected in the 2nd Edition of “In Memory of Chu Chung Alumni & Principal Sin.” The 1st Edition was published in Oakland, California in May 2014, and its 1st Edition 2nd Printing was published in Kaohsiung, Taiwan in December 2014. The 2nd Edition may be published in December 2015.